

Instructions for Use
ADMELOG® (ad-mah-log)
 (insulin lispro injection) for subcutaneous use
 10 mL or 3 mL Vial (100 Units/mL, U-100)

Rx Only

Read these Instructions for Use before you start taking ADMELOG and each time you get a new ADMELOG vial. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or your treatment.

Do not share your ADMELOG syringes with other people, even if the needle has been changed. You may give other people a serious infection, or get a serious infection from them.

Supplies needed to give your injection

- an ADMELOG 10 mL or 3 mL vial
- a U-100 insulin syringe and needle
- 2 alcohol swabs
- 1 sharps container for throwing away used needles and syringes. See **“Disposing of used needles and syringes”** at the end of these instructions.

Preparing your ADMELOG dose

- Wash your hands with soap and water or with alcohol.
- Check the ADMELOG label to make sure you are taking the right type of insulin. This is especially important if you use more than 1 type of insulin.
- Check the insulin to make sure it is clear and colorless. **Do not** use ADMELOG if it is colored or cloudy, or if you see particles in the solution.
- **Do not** use ADMELOG after the expiration date stamped on the label or 28 days after you first use it.
- **Always use a syringe that is marked for U-100 insulin.** If you use a syringe other than a U-100 insulin syringe, you may get the wrong dose of insulin.
- **Always use a new syringe or needle for each injection to help ensure sterility and prevent blocked needles. Do not reuse or share your syringes or needles with other people. You may give other people a serious infection or get a serious infection from them.**

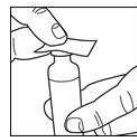
Step 1:

If you are using a new vial, remove the protective cap. **Do not** remove the stopper.



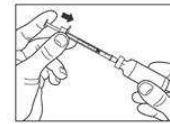
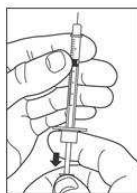
Step 2:

Wipe the top of the vial with an alcohol swab. You do not have to shake the vial of ADMELOG before use.



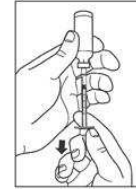
Step 3:

Draw air into the syringe equal to your insulin dose. Put the needle through the rubber top of the vial and push the plunger to inject the air into the vial.



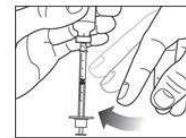
Step 4:

Leave the syringe in the vial and turn both upside down. Hold the syringe and vial firmly in one hand. Make sure the tip of the needle is in the insulin. With your free hand, pull the plunger to withdraw the correct dose into the syringe.



Step 5:

Before you take the needle out of the vial, check the syringe for air bubbles. If bubbles are in the syringe, hold the syringe straight up and tap the side of the syringe until the bubbles float to the top. Push the bubbles out with the plunger and draw insulin back in until you have the correct dose.



Step 6:

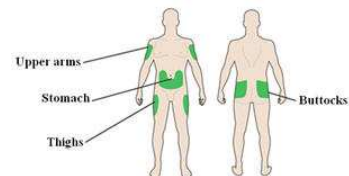
Remove the needle from the vial. Do not let the needle touch anything. You are now ready to inject.

Giving your ADMELOG injection with a syringe

- Inject your insulin exactly as your healthcare provider has shown you.
- **ADMELOG starts acting fast**, so give your injection within 15 minutes before or right after you eat a meal.

Step 7:

- Choose your injection site: ADMELOG is injected under the skin (subcutaneously) of your upper arms, thighs, buttocks, or stomach area (abdomen).
- **Change (rotate) your injection sites within the area you choose for each dose** to reduce your risk of getting lipodystrophy (pits in the skin or thickened skin) and localized cutaneous amyloidosis (skin with lumps) at the injection sites.
- **Do not** inject where the skin has pits, is thickened, or has lumps.
- **Do not** inject where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.



- Wipe the skin with an alcohol swab to clean the injection site. Let the injection site dry before you inject your dose.



Step 8:

- Pinch the skin.
- Insert the needle in the way your healthcare provider showed you.
- Release the skin.
- Slowly push in the plunger of the syringe all the way, making sure you have injected all the insulin.
- Leave the needle in the skin for about **10** seconds.



Step 9:

- Pull the needle straight out of your skin.
- Gently press the injection site for several seconds. **Do not** rub the area.
- **Do not** recap the used needle. Recapping the needle can lead to a needle-stick injury.

Giving your ADMELOG using an insulin pump

- ADMELOG should be inserted into an area of your body recommended in the instructions that come with your insulin pump.
- Change your insertion site every 3 days.
- **Change (rotate) your insertion sites within the area you choose for each insertion** to reduce your risk of getting lipodystrophy (pits in skin or thickened skin) and localized cutaneous amyloidosis (skin with lumps) at the injection sites. **Do not** insert into the exact same spot for each injection. **Do not** insert where the skin has pits, is thickened, or has lumps. **Do not** insert where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.
- Change the insulin in the reservoir at least every 7 days, even if you have not used all of the insulin.
- **Do not** dilute or mix ADMELOG with any other type of insulin in your insulin pump.
- See your insulin pump manual for instructions or talk to your healthcare provider.

Disposing of used needles and syringes

- Put your used needles and syringes in a FDA-cleared sharps disposal container right away after use. **Do not** throw away (dispose of) loose needles and syringes in your household trash.
- If you do not have a FDA-cleared sharps container, you may use a household container that is:
 - made of a heavy-duty plastic,
 - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
 - upright and stable during use,
 - leak resistant, and
 - properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>.
- **Do not** dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. **Do not** recycle your used sharps disposal container.

How should I store ADMELOG?

Unopened (not in-use) ADMELOG vials

- Store unused ADMELOG vials in the refrigerator from 36°F to 46°F (2°C to 8°C).
- **Do not** freeze ADMELOG.
- Keep ADMELOG away from direct heat and light.
- If a vial has been frozen or overheated, throw it away.
- Unopened vials can be used until the expiration date on the carton and label if they have been stored in the refrigerator.

- Unopened vials should be thrown away after 28 days if they are stored at room temperature.

After ADMELOG vials have been opened (in-use)

- Store in-use (opened) ADMELOG vials in a refrigerator from 36°F to 46°F (2°C to 8°C) or at room temperature below 86°F (30°C) for up to **28 days**.
- **Do not** freeze ADMELOG.
- Keep ADMELOG out of direct heat and light.
- If a vial has been frozen, throw it away.
- The ADMELOG vial you are using should be thrown away after **28** days, even if it still has insulin left in it.

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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