**Auvi-Q® TRAINERS Rx Only**

**Trainer Instructions for Use**

**Important:**

The Auvi-Q® Trainer Does Not contain a needle or medicine. Always carry your real Auvi-Q® with you in case of an allergic emergency.

**Important Information about the Auvi-Q® Trainer:**

Inside your Auvi-Q® Trainer are:

- batteries
- a speaker that will make a beeping sound and that produces electronic voice instructions
- red and green blinking lights

The Auvi-Q® Trainer batteries are made to last long enough for you to practice 1 time each day for 2 years. If your Auvi-Q® Trainer does not work properly call your healthcare provider for a new Trainer.

**What is the Auvi-Q® Trainer?**

- The Auvi-Q® Trainer does not contain a needle or medicine and can be reused to practice your injection.
- Practice with the Auvi-Q® Trainer before an allergic emergency happens to make sure you are able to safely use the real Auvi-Q® in an emergency.

**Your Auvi-Q® Trainer**

**Figure A.**

<table>
<thead>
<tr>
<th>Auvi-Q® Trainer</th>
<th>Auvi-Q®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outer Case</td>
<td>Device</td>
</tr>
<tr>
<td>Speaker</td>
<td>Housing</td>
</tr>
<tr>
<td>LED</td>
<td>Safety Guard</td>
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</table>

The Auvi-Q® Trainer:

- is inside a gray outer case
- does not have a needle or medicine inside
- can be reused (the red safety guard can be placed back on the base of the Trainer after use)
- has no expiration date

In case of an allergic emergency, use the real Auvi-Q® and **not** the gray Trainer.

Anyone who may need to help you with Auvi-Q® in case of an allergic emergency:

- You
- Caregivers
- Family
- Friends
- Co-workers
- Teachers
- Child Care or Day Care Workers

Have them practice using the Trainer and review the Patient Information Leaflet included in the packaging with each prescription of Auvi-Q®.

**Practiceing with the Auvi-Q® Trainer**

For more information and video instructions on the use of Auvi-Q®, go to www.auvi-q.com or call 1-800-633-1610.

Practice with the Auvi-Q® Trainer before an allergic emergency happens to make sure you are able to safely use the real Auvi-Q® in an emergency.

- You should practice daily for the first week after you receive your Auvi-Q® Trainer to help you feel comfortable using Auvi-Q® quickly and safely. Even when you are comfortable using the Trainer, continue to practice using it often.

**How to Use the Trainer**

Although the Trainer does not have a needle and contains no medicine, it works the same way as the real Auvi-Q®.

As with the real Auvi-Q®, the Auvi-Q® Trainer contains an electronic voice instruction system to help guide you through each step of your injection. If the voice instructions do not work for the Auvi-Q® Trainer for any reason, you can still use the Auvi-Q® Trainer as instructed in this leaflet to practice.

The Auvi-Q® Trainer has the same blinking red and green lights as the real Auvi-Q®.

**Follow These Steps**

1. **1. Pull the Auvi-Q® Trainer from the outer case.**

2. **2. Pull off Red safety guard.**

   Note: The red safety guard is made to fit tight similar to the safety guard on the real Auvi-Q®. Pull firmly to remove.

3. **3. Place black end against the middle of the outer thigh (through clothing, if needed), then press firmly, and hold in place for 5 seconds.**
Only practice using the middle of your outer thigh. The outer thigh is where you would inject with the real Auvi-Q®.

Note: The Auvi-Q® Trainer makes a distinct sound (click and hiss) when you press it against your outer thigh. This is the same sound that is made with the real Auvi-Q®. This is normal, and indicates Auvi-Q® is working correctly. Do not pull Auvi-Q® away from your leg when you hear the click and hiss sound.

4. After practicing, reset the Auvi-Q® Trainer:
   a. Replace the Red safety guard
   b. Slide the Auvi-Q® Trainer all the way back into the gray outer case to reset the electronic voice system

Note: Leave the Auvi-Q® Trainer in its outer case for at least 5 seconds between each time you practice to allow the electronic voice system to reset.

Storage:
- Store the Auvi-Q® Trainer at room temperature; the Auvi-Q® Trainer should not be used at temperatures less than 50°F (10°C) or greater than 104°F (40°C).
- Store the Auvi-Q® Trainer in its outer case.
- Keep the Auvi-Q® Trainer away from dirt, chemicals, and water.

Disposal:
The Auvi-Q® Trainer contains electronics and lithium coin cell batteries, and should be disposed of in the correct manner. Follow your State and local environmental regulations for disposal.

For California Only: This product uses batteries containing Perchlorate Material - special handling may apply. See www.dtsc.ca.gov/hazardouswaste/perchlorate

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